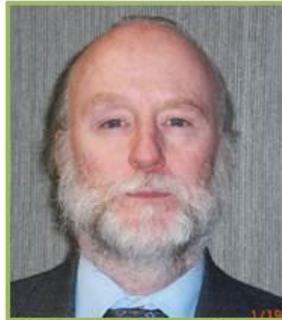


Supporting and Strengthening the Mental Health of African American Youth

This webinar will engage in an interactive discussion about supporting African American students' mental health and reducing the effects of toxic stress during African American Mental Health Awareness week



Richard T. McKeon, Ph.D., M.P.H.

Branch Chief, Suicide Prevention Branch, Center for Mental Health Services, SAMHSA



Gregory A. Hudnall, MSW, EdD

Founder, HOPE4UTAH



Lynn Keane

Author, Suicide Prevention Advocate



Terrie M. Williams

Founder/President of The Terrie Williams Agency, Mental Health Advocate

WEBINAR

July 28, 2015
3 pm EDT/ 12 noon PDT

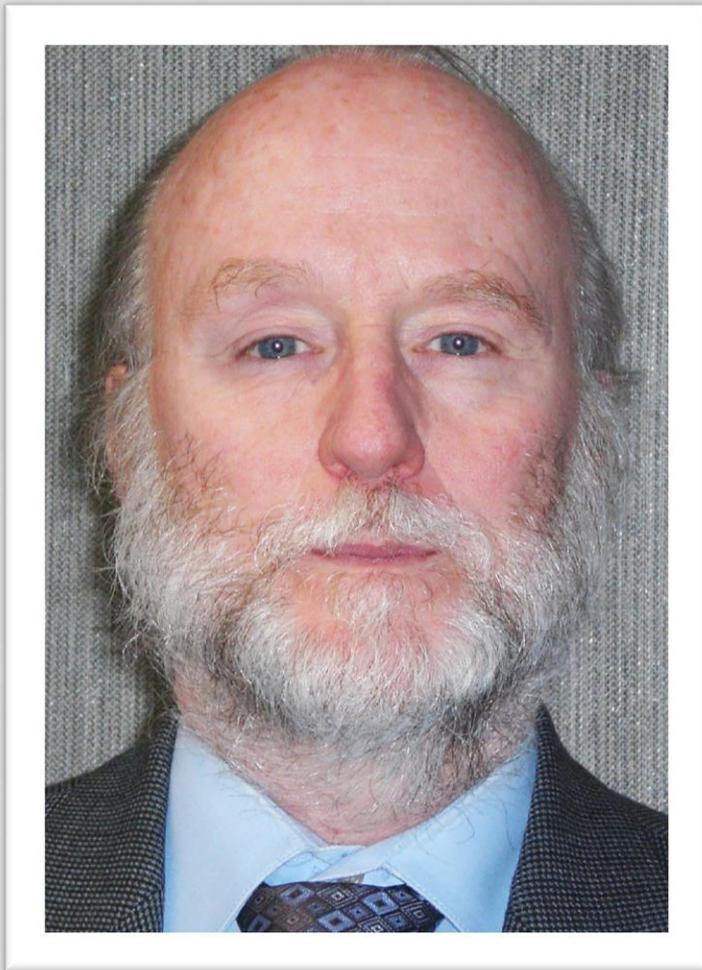


Host:
David C. Johns
*Executive Director
White House Initiative on Educational Excellence for African Americans*



Sponsored by the White House Initiative on Educational Excellence for African Americans, HHS, OMH, & SAMHSA

RSVP: <http://mentalhealthafamed.eventbrite.com>



Richard T. McKeon,
Ph.D., M.P.H.

Branch Chief, Suicide
Prevention Branch, Center
for Mental Health Services
Substance Abuse and
Mental Health Services
Administration



Dr. Gregory A. Hudnall
Executive Director

*Changing the public perception about
suicide prevention, intervention and postvention*

Provo City School District Statistics

Year	Attempts/Threats	Hospital	Completions
1999	75	0	2
2000	111	0	0
2001	110	0	2
2002	43	12	0
2003	53	6	2
2004	134	9	1

AFRICAN PROVERB

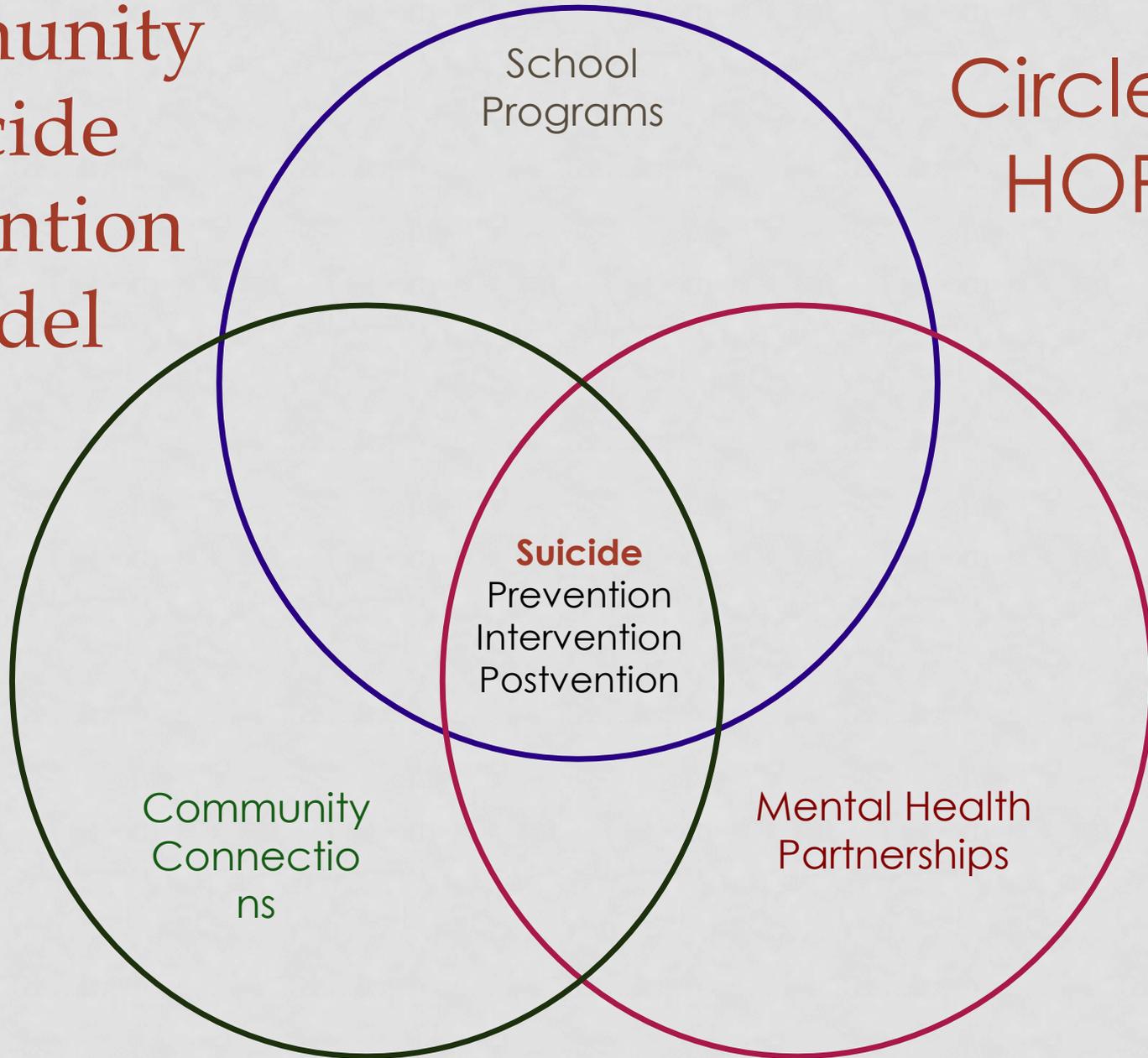
***It takes an entire village to
raise a child...***

HOPE4UTAH PROVERB

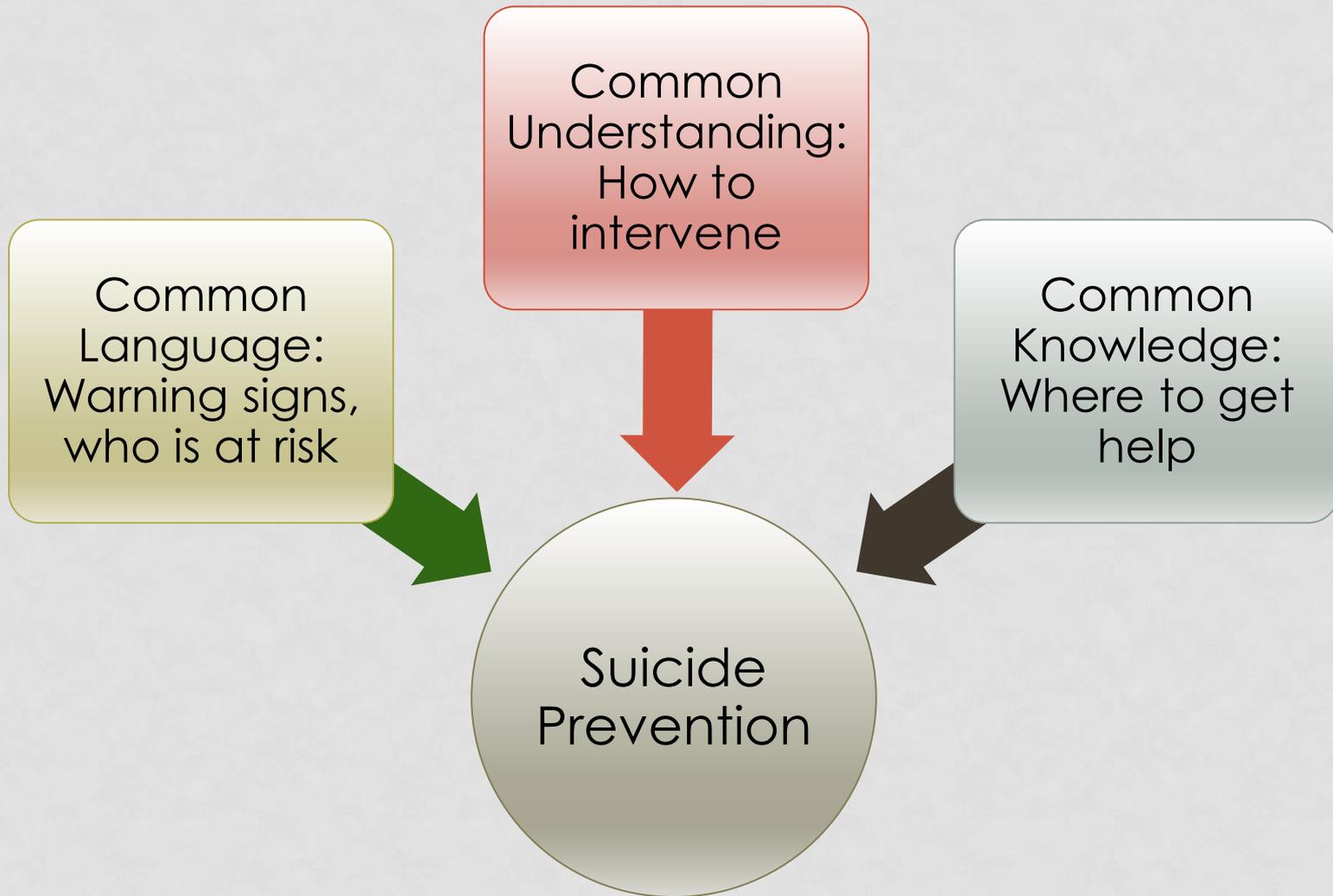
***It takes an entire
community to
save one...***

Community Suicide Prevention Model

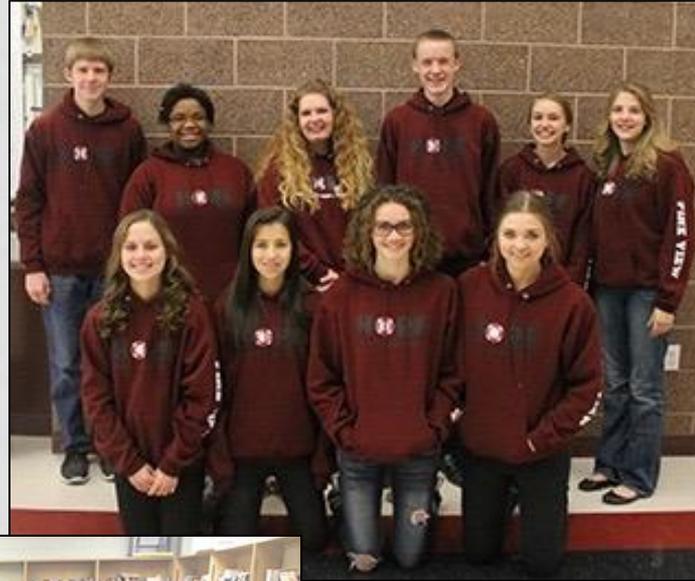
Circles 4 HOPE



Community Wide Goals



The HOPE Squad



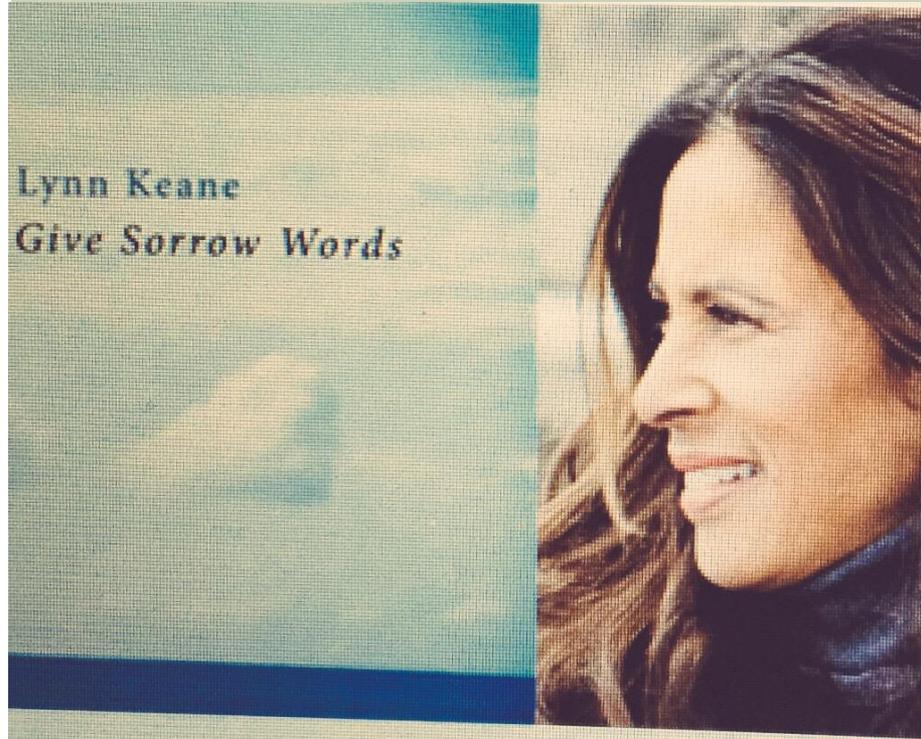
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2003	53	6	2
2004	134	9	1
2005	56	8	0
2006	70	7	0
2007	32	5	0
2008	24	2	0
2009	23	5	0
2010	39	9	0
2011	39	5	0
2012	52	10	0
2013	110	13	0



Terrie M. Williams
Author

Black Pain: It Just Looks Like We're Not Hurting





DISPARITIES FOR AFRICAN AMERICAN YOUTH -MENTAL HEALTH CARE

- *African Americans share the same mental health issues as the rest of the population, with arguably even greater stressors due to racism, prejudice, and economic disparities.*
- *Source **Psychology Today***

BARRIERS TO CARE

- Lack of providers of color
- Lack of insurance· Stigma associated with mental illness
- Distrust in the health care system
- Source *APA*

A Letter to Daniel

<https://youtu.be/ZEZ7poWkZ8Y>

Suicide Prevention | Lynn Keane | TEDxYouth@Toronto

https://youtu.be/L8Vx_5Zr_kM

Resources

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover

- **SAMHSA's Suicide Prevention Efforts**

<http://www.samhsa.gov/suicide-prevention/samhsas-efforts>

- *Youth Suicide Prevention Grants*
- *Early Prevention Grants Now is the Time*

SAMHSA Store Publications

- **SAMHSA News: Preventing Suicide on College Campuses**
<http://store.samhsa.gov/product/SAMHSA-News-Preventing-Suicide-on-College-Campuses/SAM11-192>
- **Preventing Suicide: A Toolkit for High Schools**
[http://store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669:](http://store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669)

- **TIP 50: Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment**
<http://store.samhsa.gov/product/TIP-50-Addressing-Suicidal-Thoughts-and-Behaviors-in-Substance-Abuse-Treatment/SMA09-4381>:
- **TIP 59: Improving Cultural Competence**
<http://store.samhsa.gov/product/TIP-59-Improving-Cultural-Competence/SMA14-4849>

- **Suicide Prevention Resource Center**
<http://www.sprc.org/> : data and resources on suicide prevention
- **National Suicide Prevention Lifeline**
<http://www.suicidepreventionlifeline.org/>
1-800-273-TALK (8255)

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